

論黃仲則遊戒壇寺詩中的禪悅—— 以〈入山至戒壇〉、〈登千佛閣〉為例

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摘 要

本文析論黃仲則遊戒壇時所作的〈入山至戒壇〉、〈登千佛閣〉二首詩中的禪悅，首先探源千年古剎「戒壇寺」的創建與興衰，其次造訪隱居山林戒壇寺的建築、園林、古洞的禪境景觀。對於詩人登臨禪境景觀（戒壇寺）的身體行動，非但是體力上的鍛鍊，也是意志上的興發，這種攀援登高的行為描寫，表現了對佛門淨地崇敬，身體的朝聖，並且藉由體驗佛寺生活、聽聞佛法、以禪修心，忘卻自身體羸貧賤、仕途失意之苦，擺脫追求功名利祿之心，體會清淨心（沒有煩惱的心、沒有污染的心、毫不懷疑的心）的喜悅。

關鍵詞：黃仲則、禪悅、戒壇、千佛閣

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The Bliss of Dhyana for Huang Zhongze's Poems on Traveling to Zhijietan Temple - A Case Study of “Entering the Zhijietan” and “Visiting Qianfoge (Multi-Buddha Pavilion)”

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Abstract

In this paper, we discuss the bliss of dhyana for Huang Zhongze's two poems – “Entering the Zhijietan” and “Visiting Qianfoge (Multi-Buddha Pavilion)”. First, we investigate the origination, rise and fall for zhijietan temple which is the ancient monastery of thousand years. Then visit the landscape of the realm of zen on the building, garden and ancient hole of the cloistered zhijietan temple. A poet puts that visit the landscape of the realm of zen into practice. It is not only the physical exercise but also will power. The description of climbing top shows not only the belief of the pure land of Buddhism, and a pilgrimage in person, but also the oblivion of poverty, the depression of his political official career, shuffled off the pursuit of the heart for the fame and gold, and the realization of the happiness of the pure (worry-free, undefiled and strong) mind by experiencing the life of a Buddhist temple, learning the Buddhist doctrine and cultivating the spirit by zen.

Key words: Huang Zhongze, bliss of dhyana, zhijietan, qianfoge (multi-buddha pavilion)

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